

## Old Age Trekker Declaration

**Dated :**

**I,**

\_\_\_\_\_

date of birth \_\_\_\_\_, hereby declare that that I am applying for moderate// high altitude trek to Gaumukh/Tapovan and consider myself fit for this purpose. My medical fitness certificate is attached with this declaration. My aadhar card, address, emergency contact number and travel insurance are being uploaded on [www.exploreuttarkashi.com](http://www.exploreuttarkashi.com) website with my full consent. I have done lots of treks in the high Himalayan region during the last few years. Listed below are some of the high altitude trekking destinations that I have covered

- 1.
- 2.
- 3.
- 4.
- 5.

**Signature** \_\_\_\_\_